



**Sparky's Excellent
Misadventures: My A.D.D.
Journal by Me (Sparky)**

Phyllis Carpenter & Marty Ford, 2000

"Sparky" shares what it is like to have ADD in this journal-like book. With help from his family and school, and by writing about his ADD in his journal, Sparky learns how to manage his ADD.

Leo the Late Bloomer

Robert Kraus, 1994

Leo isn't reading, writing, drawing, or even speaking, and his father is concerned. Leo's mother knows her son will do all those things, and more, when he's ready. Also available in Spanish.



Disability Awareness: Books for Children



For more children's book lists about disabilities,
visit the following websites or call CPAC.



CT State Education
Resource Center (SERC)

[http://www.ctserc.org/library/
bibfiles/childlit-disab.pdf](http://www.ctserc.org/library/bibfiles/childlit-disab.pdf)



National Dissemination
Center For Children with
Disabilities

<http://nichcy.org/pubs/bibliog/bib5txt.htm>



Council for
Exceptional Children

[http://www.cec.sped.org/Content/
NavigationMenu/NewsIssues/
TeachingLearningCenter/
Children s Books About Disabilities.htm](http://www.cec.sped.org/Content/NavigationMenu/NewsIssues/TeachingLearningCenter/Children_s_Books_About_Disabilities.htm)

Circle of Inclusion

"Quick Ways to Analyze
Books that Help Schools
Support Disability
Awareness"



[http://circleofinclusion.org/english/books/
section2/a.html](http://circleofinclusion.org/english/books/section2/a.html)



**Connecticut Parent
Advocacy Center Inc.**

1-800-445-2722

Email: cpac@cpacinc.org
Website: www.cpacinc.org
Fax: 860-739-7460
New Haven Satellite Office
(203) 776-3211



The CT Parent Advocacy Center, Inc. (CPAC) is a statewide non-profit organization that offers information and support to families of children with any disability or chronic illness, birth through age 26. The Center is committed to the idea that parents can be the most effective advocates for their children, given the confidence, knowledge and understanding of special education laws and what their procedures can do. It is CPAC's mission to support families in their efforts on behalf of their children with disabilities.

This list of books is recommended for children preschool through grade two. The books are an excellent way for parents and teachers to talk with children about differences and abilities. They provide children with stories about people like themselves, and feature the personalities, friendships, challenges, accomplishments and daily lives of people with disabilities.



It's Ok to Be Different

Todd Parr, 2001

This picture book explains that looking different from others and enjoying different activities is okay. Also available in Spanish.



Someone Special Just Like You

Tricia Brown, 1995

Brown's book helps preschoolers accept, and become more comfortable with, children who have disabilities as they meet them in typical classrooms. This book helps children realize that children with disabilities are really just like them.

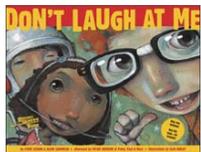
Let's Talk About It: Extraordinary Friends

Fred Rogers, 2000

Mister Rogers challenges the stereotypes that often label children with special needs and celebrates six children who are extraordinary friends.

Don't Laugh At Me

Steven Seskin and Allen Shamblin, 2002



Don't Laugh At Me highlights things that make children different and inspires them to take charge to stop teasing and bullying. CD included.

Brave Charlotte

Anu Stohner & Henrike Wilson, 2005

Charlotte is an energetic risk taker who is often looked down upon by the other sheep because of her differences. It is not until the sheep face a problem that they realize how helpful Charlotte's uniqueness really is.

Animals Helping with Special Needs

(Animals that Help Us)

Clare Oliver, 2000

Through photographs and vocabulary appropriate for young children, *Animals Helping with Special Needs* shows the many ways that animals can help people.



We Can Do It!

Lauren Dwight, 1998

Five small children, each with a disability, tell all of the things that they are able to do. Also available in Spanish.

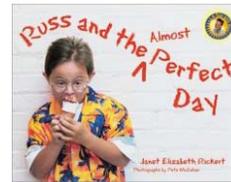
Friends at School

Rochelle Bunnett, 2006

Friends at School features children of mixed abilities working and playing at school. The book illustrates the true meaning of the word inclusion. Also available in Spanish.

Russ and the Almost Perfect Day

Janet Elizabeth Rickert, 2001



Russ, a child with Down Syndrome, is having a perfect day until it takes an interesting turn and Russ is faced with a

tricky decision at school.

No Fair to Tigers

Eric Hoffman, 1998

No Fair to Tigers focuses on Mandy, a young girl with a disability, and her stuffed tiger. The story shows how to ask for fair treatment and solutions to the problems they encounter. Bilingual English/Spanish.

All Kinds of Friends, Even Green!

Ellen B. Senisi, 2002

In a school assignment, 7 year-old Moses, who has spina bifida and uses a wheelchair, reflects that his neighbor's iguana, who has missing toes, is like him—they both have figured out how to get around in different ways than those around them.



The Alphabet War: A Story about Dyslexia

Diane Burton Robb, 2004

The Alphabet War chronicles the story of Adam, a student who faces difficulty and frustration with reading due to his dyslexia. Adam's teacher helps him understand that although reading will always be difficult for him, it is possible.

Eddie Enough!

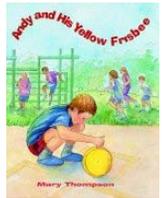
Debbie Zimmet, 2001

Third grader Eddie Minetti talks moves, speaks and thinks quickly. This often lands Eddie in trouble. With medication and support from doctors, his parents, and his teacher, Eddie begins to slow down, manage his behavior and feel better about himself.

Andy and His Yellow Frisbee

Mary Thompson, 1996

A heartwarming, educational story about a boy with autism, a curious classmate and the boy's watchful, worried sister.



The Secret Code

Dana Meachen Rau, 1998

Oscar, a boy who is blind, explains that his books are not written in code, but in Braille. The Braille alphabet is illustrated in the book.

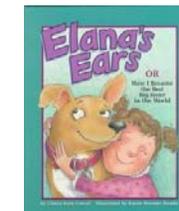
Allie the Allergic Elephant: A Children's Story of Peanut Allergies

Nicole Smith, 2006

Readers will gain awareness and knowledge of peanut allergies through colorful illustrations and simple text.

Elana's Ears, or How I Became the Best Big Sister in the World

Gloria Roth Lowell, 2000



This book introduces the topic of deafness and how helpful pets can be. The story is touching, informative and funny.