# RETURN TO LEARNING PLAYLIST FOR STUDENTS AND FAMILIES



#### K-12

# Watch the scheduled programs to learn and grow

# CT Public Television

- <u>CT Public</u> Learn-At-Home provides broadcast learning resources daily. Click <u>World Channel</u> <u>Learn-At-Home</u> to view the daily schedule for the week of September 7, 2020
- Click into <u>CT Public Learning Snacks</u>. Bite-sized resources for students, parents and teachers that make virtual learning in a hybrid or remote setting more effective

## **PK-12**

# Click into the Student Activities and Daily Plan

Wide Open School provides a daily learning plan for all PK-12 Learners.

- 1. Click into Wide Open School
- 2. Click Student Activities
- 3. Click the grade level group that best meets your need (Preschool, K-2, 3-5, 6-8, 9-12)

#### Wide Open School

- Explore the Daily Plan for structured activities beginning each morning with a warm- up and close each day with offline activities with the family
- Engage in an area of curiosity, passion, strength or need by clicking on an individual tile
- Parents can access the <u>Family & Teacher Center</u> for resources and activities to help children and families return to learning
- Resources are available in Spanish by clicking <u>RECURSOS EN ESPAÑOL</u>

#### 9-12

## **Enroll in the FREE Course offered by Yale University**

Science of Well-Being Course – Yale University Enroll in the FREE self-paced online course for CT students in grades 9-12 to increase personal happiness and build more productive habits to support their return to learning in the fall. Professor Dr. Laurie Santos provides learning sessions that help learners successfully incorporate a specific wellness activity into their life.

Sign up to access the FREE Science of Well Being Course through <u>Coursera</u>. Users will need to create a unique username and password.

Watch to learn more about Dr. Santos and the Science of Well-Being Course.

#### REFLECT

Reflect on the following questions as you plan to return to learning

- What do you need from your teachers to support you?
- What do you want your teachers to know about you as a learner? Share how you learn best.
- What new skills have you learned that can help you be successful this school year?

Questions about this Return to Learning Playlist can be directed to Irene Parisi at Irene.Parisi@ct.gov