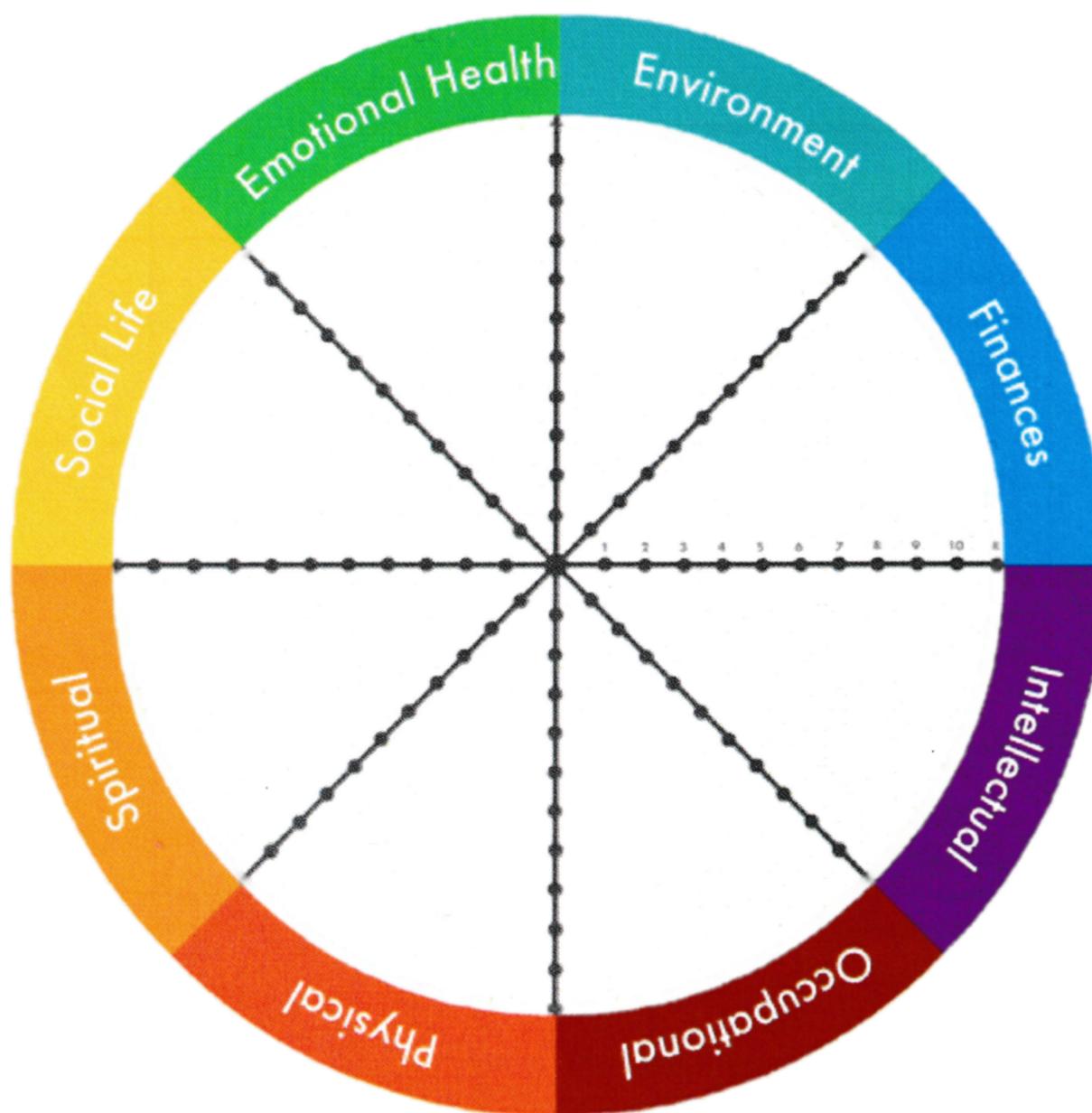


Where are you at?

This wheel represents areas of your life. This tool can help you figure out what areas in your life are working and any areas could that could use some growth.



How To

- 1) Rate each category from 0-10 by level of satisfaction (10 being fully satisfied).
- 2) Connect the dots and fill the inside of the wheel to visually see the balance of your life.

Next Steps

- What do you notice when you look at your wheel?
- What do your answers tell you?
- What area would you like to focus on?
- What are you doing in your life to move forward in this area?
- What would success look like in this area?
- What action steps can you take to move forward?